

LORETO ABBEY DALKEY

Relationships and Sexuality Education Overview

Content Covered:

Year Group	Content Covered
1 st Year	<p>Sexuality, Gender Identity and Sexual Health: Changes at adolescence – what’s happening inside your body?</p> <ul style="list-style-type: none">• Physical changes at puberty• Menstruation• Sexual intercourse <p>Sexuality, Gender Identity and Sexual Health</p> <ul style="list-style-type: none">• Stereotyping and gender stereotyping• Sexuality and sexual orientation <p>Being an Adolescent</p> <ul style="list-style-type: none">• Emotional, social and physical changes that take place in adolescence• Male and female reproductive systems
2 nd Year	<p>Sexuality, Gender Identity and Sexual Health: Changes at adolescence – what’s happening inside your body?</p> <ul style="list-style-type: none">• From conception to birth• How pregnancy begins• Sexuality and sexual orientation <p>Lockers Programme – Lessons 1 and 2</p> <ul style="list-style-type: none">• The Law on Intimate Sharing• When Online Sharing Goes Wrong
3 rd Year	<p>Module: Relationships and Sexuality Education</p> <ul style="list-style-type: none">• RelationSHIPS• Relationship Building Blocks• Respectful Relationships• Contraception• Sexually Transmitted Infections (STIs)• Sexual Orientation

	<p>Lockers Programme – Lessons 3 and 4</p> <ul style="list-style-type: none"> - Victim Blaming - Peer Pressure and Non-Consensual Sharing
4th Year	<p>Lockers Programme Lessons 1-6</p> <ul style="list-style-type: none"> - The Law on Intimate Sharing - When Online Sharing Goes Wrong - Victim Blaming - Peer Pressure and Non-Consensual Sharing - The Influence of Media and Gender Stereotypes - Getting Help <p>Lessons/Quizzes from B4 U Decide resource</p> <p>Anne Moriarty - STI Talk (double class)</p>
5th Year	<p>LGBTQ+</p> <p>Growing Up LGBT Resource Teacher PowerPoints, resources, documentaries, YouTube clips</p> <ul style="list-style-type: none"> ● Sexual Orientation and Homophobia ● Important facts about LGBT Students ● Coming Out to Others/Self ● Transgender ● Homosexuality and Sport ● Types of Abuse ● Consent ● Personal Safety <p>Anne Moriarty – Contraception and Sexual Health (double class)</p>
6th Year	<p>TRUST Pack</p> <ul style="list-style-type: none"> ● Fertility ● Respectful relationships ● Decision making in relationships

- Intimacy

Growing Up LGBT Resource

- Prejudice and Discrimination
- Supports for LGBTQ+ students

Anne Moriarty -

Sexual Health Overview/Recap (double class)